

# Allergènes des plats

|                       | Plat                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------|----------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Lundi 02 mars 2026    |                                        |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Déjeuner              | Flétan sauce nantua                    | X                                                                                 |                                                                                   |                                                                                   | X                                                                                   |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Blé au beurre                          | X                                                                                 |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Comté Bio à la coupe                   |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Pain Bio                               | X                                                                                 |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Mardi 03 mars 2026    |                                        |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Déjeuner              | Céleri Rémoulade Bio                   |                                                                                   |                                                                                   | X                                                                                 |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   | X                                                                                   |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |
|                       | Riz Basmati                            |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Petit Suisse nature sucré              |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Pain Bio                               | X                                                                                 |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Mercredi 04 mars 2026 |                                        |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Déjeuner              | Boulettes d'agneau sauce tomate        | X                                                                                 |                                                                                   |                                                                                   |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Spaghetti bio huile d'olive / parmesan | X                                                                                 |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Carré frais                            |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Pain Bio                               | X                                                                                 |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Jeudi 05 mars 2026    |                                        |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Déjeuner              | Betteraves crues maïs                  |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |
|                       | Haricots beurre                        |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|                       | Fromage blanc Bio nature               |                                                                                   |                                                                                   |                                                                                   |                                                                                     |                                                                                     |                                                                                     | X                                                                                   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |

# Allergènes des plats

|                       | Plat                     |  Gluten |  Crustacé |  Oeufs |  Poissons |  Arachide |  Soja |  Lait |  Fà |  Céleri |  Moutard |  Sésame |  SO <sub>2</sub> |  Lupin |  Mollusqu |
|-----------------------|--------------------------|------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|
|                       | Biscuit                  | X                                                                                        |                                                                                            |                                                                                         |                                                                                              |                                                                                              |                                                                                          | X                                                                                        |                                                                                        |                                                                                            |                                                                                             |                                                                                            |                                                                                                     |                                                                                           |                                                                                              |
|                       | Pain Bio                 | X                                                                                        |                                                                                            |                                                                                         |                                                                                              |                                                                                              |                                                                                          |                                                                                          |                                                                                        |                                                                                            |                                                                                             |                                                                                            |                                                                                                     |                                                                                           |                                                                                              |
| Vendredi 06 mars 2026 |                          |                                                                                          |                                                                                            |                                                                                         |                                                                                              |                                                                                              |                                                                                          |                                                                                          |                                                                                        |                                                                                            |                                                                                             |                                                                                            |                                                                                                     |                                                                                           |                                                                                              |
| Déjeuner              | Soupe à l'oignon         | X                                                                                        |                                                                                            |                                                                                         |                                                                                              |                                                                                              |                                                                                          | X                                                                                        |                                                                                        |                                                                                            |                                                                                             |                                                                                            |                                                                                                     |                                                                                           |                                                                                              |
|                       | Hachis Parmentier Maison |                                                                                          |                                                                                            |                                                                                         |                                                                                              |                                                                                              |                                                                                          | X                                                                                        |                                                                                        |                                                                                            |                                                                                             |                                                                                            |                                                                                                     |                                                                                           |                                                                                              |
|                       | Brie Bio                 |                                                                                          |                                                                                            |                                                                                         |                                                                                              |                                                                                              |                                                                                          | X                                                                                        |                                                                                        |                                                                                            |                                                                                             |                                                                                            |                                                                                                     |                                                                                           |                                                                                              |
|                       | Pain Bio                 | X                                                                                        |                                                                                            |                                                                                         |                                                                                              |                                                                                              |                                                                                          |                                                                                          |                                                                                        |                                                                                            |                                                                                             |                                                                                            |                                                                                                     |                                                                                           |                                                                                              |

L'indication des allergènes correspond aux obligations réglementaires. La présence de traces d'allergènes est cependant possible.